

Active Body Pilates Guidelines
Please initial after each one

1. Training will begin at the time agreed upon by the client and trainer and will last 55 minutes. Please be on time. _____
2. 24 hour cancellation notice is required to cancel training sessions. There will be a charge for any cancellations occurring less than 24 hours in advance of scheduled sessions. The cancellation charge will be equal to the amount of one training session. If the canceled session described above is part of a package, it will count as one complete session of that package.

3. Please change and or cancel *directly* with *your* instructor. Please be sure that you have your instructors e-mail and phone number. You can find all of their info online. _____
4. All forms including Health History, Liability Waiver, and Physicians Approval (if necessary) will be filled out and signed prior to commencement of our training sessions. _____
5. We accept cash or checks.
All prices are subject to WA State Retail Sales tax of 10% _____
6. Privates/Duet Sessions should be used up within 1 year of purchase date. _____
7. Your instructor may leave the studio after 20 min, and mark the session as used, if the client has not contacted the instructor to inform them of being late. _____
8. To keep the studio clean and safe please stash your shoes and bags in the provided cubbies.

9. Please turn your cell phones off. _____
10. Please refrain from wearing strong perfumes. _____
11. Please keep your conversation at an appropriate voice level _____
12. For sanitary reasons please wear appropriate socks (grippy) during your sessions. _____

I have read the above terms and conditions. All questions pertaining to the above have been answered to my satisfaction. I understand and agree to the above mentioned terms.

Printed Name: _____ Date: _____

Signature: _____

THANK YOU